

# MENU

## Smoothies

**LIN-GO-BERRY** L, G, Ve 4,49 5,99  
lingonberry, strawberry, apple, ginger, agave, mint

**BANG FOR THE BUCKTHORN** L, G, Ve 5,49 6,99  
sea buckthorn, orange, apple, ginger

**BLUEBERRY PIE** L, Ve 5,49 6,99  
blueberry, oat yogurt, oatmilk, rye bran, agave, cardamom

**ONE MORE STRAW** L, G, Ve 5,49 6,99  
strawberry, blueberry, mint, lime, apple

**EVERGREEN** L, G, Ve 5,99 7,49  
gooseberry, apple, cucumber, ginger, spinach, avokado

**TENDER TYRNI** L, Ve 5,99 7,49  
sea buckthorn, strawberry, oat yogurt, oatmilk, agave

**STRAWBERRY PASSION** L, Ve 5,99 7,49  
strawberry, passion fruit, oatmilk, oat yogurt, agave

**STRAWBERRY KICKS** L, G, Ve 5,99 7,49  
strawberry, ginger, orange, banana, apple

**BERRY GREEN** L, G, Ve 6,49 7,99  
blueberry, black currant, avocado, spinach, apple

**GREEN DAY** L, G, Ve 6,49 7,99  
gooseberry, apple, mint, kiwi, spinach, avocado, lime

**EXTRA BOOSTS** 1€  
whey protein, vegan protein

## Protein smoothies

**IT'S NUTS!** N, Ask for vegan 5,49 6,99  
10/16g protein  
blueberry, banana, oatmilk, peanut butter, protein powder

**PINK BÄRBIAN** Ask for vegan 6,49 7,99  
19/28g protein  
strawberry, raspberries, oatmilk, protein powder

Contact staff for more information on allergens and ingredients. The production facilities process nuts, wheat and rye and we cannot guarantee that the products will not be cross-contaminated.

L=Lactose-free, G=Gluten-free, Ve=Vegan, N=Contains nuts

## Sandwiches

**BEST O' PESTO** Ask for vegan 3,99 6,99  
house pesto, sun-dried tomato, mozzarella, avocado, arugula

**HUMMUS & AVO SANDWICH** Ve 3,99 6,99  
hummus, avocado, cucumber, sun-dried tomato, pea shoot

**FETEVERSE SANDWICH** 3,99 6,99  
feta, smoked tofu, sesame seed, apple, cucumber, basil, olive oil, agave

**TUNA SANDWICH** 3,99 6,99  
tuna, avocado, chili mayo, cucumber

**EXTRA BOOSTS** 1€  
Mozzarella, fetaverse mix, avocado, pesto

## Bär Bowls

**CARAMEL DREAM BOWL** Ve, N 7,99  
lingonberry, banana, oatmilk, oat yogurt, peanut butter, agave, coconut, granola

**BERRY FOREST BOWL** Ve, N 7,99  
red currant, strawberry, black currant, blueberry, banana, agave, oatmilk, granola, raspberry

**BERRY GREEN BOWL** Ve, N 7,99  
gooseberry, avocado, banana, spinach, ginger, cucumber, apple, kiwi, coconut, granola, raspberry

**BLUEBERRY CARAMEL BOWL** Ve, N 7,99  
blueberry, banana, oatmilk, oat yogurt, peanut butter, agave, coconut, granola

**EXTRA BOOSTS** 1€  
Caramel sauce, granola, coconut, banana, protein

## Overnight Oats

**BERRIFIC OATS** L, Ve, N 3,99  
blueberry, oats, chia, oatmilk, peanut butter, agave, banana, granola, raspberry

## Vitamin Shots

**SEA BUCKTHORN GINGER SHOT** 2,49  
L, G, Ve  
sea buckthorn, ginger, lime

## Others

**COFFEE** 2,80

**WATER BOTTLE** 2,49

**GLUTEN-FREE PRODUCT** +1€

# Combos

## Berrific Combo

Small sandwich  
& any small Bär Bowl or overnight oats  
& any regular smoothie

**13<sup>99</sup>**

## Bär Bowl Combo

Large Bär Bowl  
& any regular smoothie

**12<sup>99</sup>**

## Sandwich Combo

Large sandwich  
& any regular smoothie

**11<sup>99</sup>**

## Berry Feast Combo

Large Bär Bowl  
& any small sandwich

**11<sup>49</sup>**

# BÄR BAR